



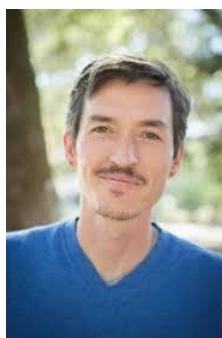
Waldorf Wednesday Workshops

A Four-Part Parent Education Series

*DWS will offer four parent education workshops in the 2025-26 school year. You are invited to attend any or all of the Wednesday evening events. The four workshops will explore the theme of child development as it relates to screentime, social media, and the wider digital landscape. It is the intention that each part of the series supports and enlivens the others, so attending all of them is encouraged. **There will be no charge to attend, but these are adult-only opportunities and there will be a limited number of reserved spots.** Sign-ups and workshop details will be sent out two weeks prior to each date below.*

Wednesday, December 4th

*An Overview of this Year's Parent Ed Series
And a Special Screening of "Tots, Tweens,
Teens and Screens" by Ben Klocek
With Justin Trombly*



Wednesday, January 14th

*Childhood, Technology, and Love. What's
Love Got to Do With It?
With Dr. Henry Traurig PsyD*



Wednesday, February 11th
*Social Media Literacy and Boundary Setting
With Heidi Sproull LMSW, CST*



Wednesday, March 18th
*Raising Independent Children in an Age of
Digital Dependence
With Nicole Runyon, LMSW*



Wednesday, December 4th 6-7:30pm

Tots, Tweens, Teens, and Screens

With Justin Trombly and Ben Klocek

A presentation to explore how screen technology supports and interferes in child development and what we can do to help our children thrive in a digitally-focused world.

We will explore how our brains and their development reveal a clear picture about the appropriate timing for screen use. This allows our children to develop their full potential and ensures they will be competent citizens of the world.

We will end with a discussion on forming healthy tech habits for you and your children.

Wednesday, January 14th 6-7:30pm

Childhood, Technology, and Love. What's Love Got to Do With It?

With Dr. Henry Traurig, PsyD

In this talk we will explore the fundamental work of the family in bringing into the world souls at the beginning of their earthly journeys (from birth through adolescence). This paradigm is ancient within humanity, but in this era, the middle of the early phase of mankind's deepening interwoven relationship and reliance on all manner of technology, we are challenged, and especially parents are challenged, in ways never encountered previously. We will examine ways to provide wholesome and meaningful experiences for and within family and childhood, and ways to maintain and honor the sacred bonds of family.

Wednesday, February 11th 6-7:30pm

Social Media Literacy and Boundary Setting

With Heidi Sproull, LMSW, CST

Social Media literacy and boundary setting about electronics in the home can be tough for parents, and often impossible for adolescents. With the ever changing landscape of new platforms and technology, demands on your own time and attention, and smart children who know how to get around attempts to limit their exposure to undesirable content—and relentless attempts to thwart time limits, many parents express feelings of frustration and overwhelm. This can lead to repetitive and exhausting arguments, sneaky behavior and relationship disconnect. Let's talk about some of these dynamics and work together on practical family solutions that can support better communication and parent awareness about managing these dynamic—with consistency, clarity and direct communication.

Wednesday, March 18th 6-7:30pm

Raising Independent Children in an Age of Digital Dependence

With Nicole Runyon, LMSW

In today's unprecedented digital landscape, parents find themselves in revolutionary territory—the first generation raising children under technology's pervasive influence. This presentation reveals how modern technology is fundamentally altering childhood development patterns and what we can do about it.

Discover the often-overlooked ways that screen time and digital engagement are stunting crucial developmental milestones. We'll explore how current parenting trends, combined with ubiquitous technology use, are unintentionally diminishing children's independence, resilience, and maturity.

